The Responder

Volume 11, Issue 9

September, 2018

"Providing Quality Service for a Safe Community"

Feature Stories

- Car Show Fundraiser
- Do Your Part
- 911 Memorial
- Fire Academy
- Healthy Recipe

2018 STATISTICS
August 1 — August 31

District Average Response Time:
8 min. 53 sec.

Responses by Type:

Fire: 24
EMS: 226
Other: 166
Total: 416

Overlapping**: 143**

Like Us On facebook

Proudly serving the communities of Blaine, Birch Bay, Custer, Laurel and the unincorporated areas of Lynden & Bellingham

Hogs and Horses

North Whatcom Fire and Rescue hosted a car show on Sunday, August 19 at Britton Loop Station 12. The event raised $1,250. for the Whatcom County Support Officers.

In addition to the car show there was a children's happy hour complete with a bouncy house. Children also made bird feeders, colored vintage car pictures, practiced dousing artificial flames with a fire hose and enjoyed ice-cream complete with sprinkles.

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Do Your Part

by Jason Hurley

A simple concept, yet the vast majority of the service fails to recognize its simplicity. We are a whole. The Firefighters, Company Officers, Chief Officers, Government Administrators, Citizens, and their families.

We are all an integral unit that requires, the sum of all its parts to pull their weight. Families must support the Firefighters, Officers, and Chiefs who uphold the mission. Citizens must support budgets and political officials who have their best interests at heart, by funding public safety. Political officials must understand how fire services are more critical infrastructure, than business.

We must have Chief Officers that exceed the status quo, by mentoring and pushing firefighters and company officers past their perceived limits. Strong leadership by company Officers is necessary, to become the liaison between the field… and the office. The final cog in the wheel is, eager and driven firefighters that understand, they are the last line of protection from saving citizens and fellow firefighters from a perilous fate. It's a constant cycle that requires constant learning from each level. Each component must freely pass information up and

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Please remember to keep the district up to date with any changes including your contact information.

All changes should be directed to Jennie. These changes may include:

Phone

Address

Email

Banking

Family Additions

Name changes

Hogs and Horses cont.

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The day was filled with good conversation, music and ended with a raffle and prizes in various categories.

Winners:
Oldest Vehicle: Mike Barret 1927 Lincoln DC

Best Paint Job: Cathy Brown 1955 Ford Thunderbird

Best in Show Motorcycle: Wader Spreckelmeyer 2000 Harley Davidson Road King

Best in Show Low Rider: Homer Rodriguez 1981 Oldsmobile Cutlass

Best in Show Classic Restored: Bill Graham 1931 Ford Model A

Best in Show Original (tie):
Doc Holiday 1959 Ford Skyliner
Walt Johnson 1960 Ford Thunderbird

A HUGE thank you to our sponsors: Signs by Tomorrow, DJ Clint Westwood, Pacific Building Supply, Joanie's Concessions, NWFRS, and the WCFD4 Firefighter's Association.

Do Your Part cont.

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down the chain, to ensure adequate services, and necessary safety information is conveyed. Whatever your level, whatever rank, we must strive for higher education. Not necessarily college degrees, but learning at a higher level than you had yesterday.

Pride, integrity, and discipline are core values that cannot be faked or allowed any latitude. Missions must be simple, well planned, communicated, and failure cannot be tolerated. If by some chance a failure occurred, open, real dialogue must be had to determine the root causes. People of all levels must utilize all the information to learn from mistakes of the past. Humility must be exhibited by the components, to ensure ego's and feelings, do not dictate policy, funding, strategy, or tactics. All levels must understand the word "brotherhood". Brotherhood is not doing everything in your power to take care of your people… It's doing everything in your power to do right by your people…at all costs. This means doing what's right, even when its not what you want to do…Even when its not comfortable.

Our mission is simple "Delivering and receiving the most intense, functional, and accurate information to the fire service and its stakeholders, by current and relevant instructors, who will never stop or inhibit the learning process." We will live and work by the following Core Values: Pride, Integrity, Discipline, Service, Humility, and Intensity. We vow to uphold these values and provide leadership and mentorship at every turn. We will "do our part" to ensure the wheels of progress continue to spin.
Facta non Verba

17th Annual 9-11 Memorial Service

9-11 MEMORIAL

17TH ANNUAL 9-11 MEMORIAL SERVICE

TUESDAY, SEPT 11TH

Peace Arch Park Border

10:00am

nw911memorial.org

BehindTheBadgeFoundation.org

HonourHouse.ca

Those interested in participating in a Canadian ride to the border that morning should call **Guy Morall at (778) 988-1012**

- Join us as we welcome First Responders from NYC as our honored guests.
- Join dignitaries, officials, as well as fellow citizens of America and Canada as we remember and honor those who sacrificed all on September 11th, 2001.
- Ceremony at the border is scheduled for 10:00am followed by a special BBQ luncheon with donation proceeds benefiting Behind the Badge Foundation and Honour House.

HONOUR HOUSE BRITISH COLUMBIA

BEHIND the BADGE FOUNDATION

Events to Celebrate September Birthdays

12 — Jeff Haley
19 — Brian BottaPillo
21 — Stefen Paige
25 — Robert Mulrooney
27 — Mike Ross

Fire Commissioner Meetings

NWFR

Thurs. September 20
9408 Odell St 61 Blaine — 1:00 p.m.

District 4

Thurs. September 13
4142 Britton Loop St 12
Bellingham —12:00 p.m.

4142 Britton Loop Rd.
Bellingham, WA 98226

Providing quality service for a safe community

Free Friends and Family CPR Classes

Class will be held from 6:30 p.m.—9:30 p.m. at various fire stations around the district. Check out www.nwfrs.com for more information and to reserve your spot.

January 31
February 17
March 28
April 25
May 30
June 27
July 25
August 22
September 26
October 24
November 28
December 19

Donations of nonperishable food items are encouraged but not mandatory. All food donations will be forwarded to local area food banks.

Recruits begin Washington State Fire Academy

NWFR's newly hired recruit firefighters began the Washington State Fire Academy in North Bend on Thursday, August 9, 2018.

The Washington State Fire Training Academy is a quality state fire training facility providing the most realistic live fire training possible. The ability to consistently burn Class A fuels (wood) and Class B fuels (gasoline, diesel, aviation fuels), utilizing a variety of props, makes the Washington State Fire Training Academy unique among the state's live fire facilities.

The Firefighter 1 & 2 Recruit Academy is a demanding twelve-week program that provides comprehensive training in all aspects of basic firefighting skills. Recruits will participate in approximately 105 hours of live fire training.

Following successful completion of the academy, the recruits will begin their probationary year, pulling shifts at one of the four career stations.

Grilled Eggplant & Zucchini Salad

Courtesy of Cookin' Canuck

Ingredients

1(1 1/2) eggplant
2 large zucchini
1 1/2 TBS olive oil
1/2 tsp kosher salt
1/2 tsp freshly ground pepper
1 (14 oz.) can chickpeas, drained and rinsed
1/4 cup crumbled feta cheese
5 large mint leaves, thinly sliced
Juice of 1 lemon
Yields: 6 cups

Directions

- Preheat grill to medium.
- Cut the eggplant into 3/4" slices.
- Cut zucchini in half crosswise.
- Cut each half into 1/2 " slices.
- Lay the eggplant and zucchini slices on a baking sheet. Brush on both sides with olive oil and season with salt and pepper.
- Grill until the vegetables are tender, but not overcooked, 4 to 5 minutes per side for the eggplant and 3 to 4 minutes for the zucchini.
- Cut the eggplant and zucchini into bite-sized pieces. Place in serving bowl.
- Add the chickpeas, feta cheese and fresh mint to the eggplant and zucchini.
- Squeeze the lemon over the salad and stir gently to combine.
- Serve warm or at room temperature.

Nutrition

Calories 172.5
Total Fat 5.7g
Saturated Fat 1.5g
Cholesterol 5.6mg
Sodium 478.8mg
Total Carbohydrates 26.3g
Fiber 7.1g
Sugar 1.5g
Protein 6.0g